

Fort Washington Alumnae Chapter of Delta Sigma Theta Sorority, Inc. Delta Academy & Delta GEMS Program
Located at the CMIT South Middle and High School Campus for SY 2018-2019
Demographic Focus - Middle and High School Age Girls that reside in Southern Prince Georges County and Charles County

Millicent Hawkins, President
Anita Brown, Crystal Cleveland, Nichole Sutton, Delta Academy Co-Chairs
Sylvia Smith, Dashia Scott, GEMS Co-Chairs

Delta Academy - Middle School Age (6-8th graders) G.E.M.S. - High School Age (9th-12th grader)

This school year has been full of activities carefully planned with the student's interest and needs in mind.

- **October, 2018** - Kick-Off with the parent/student orientation and partnering with their Physical and Mental Health committee- Students participated in healthy cooking demonstrations and discussed the dangers of smoking and vaping.
- **November, 2018** - Delta Academy Participants received a STEM lesson on polymers and made slime! While the GEMS participated in a College Workshop.
- **December, 2018**- Everyone participated in Community Service projects. Because community service is what we do!
 - The GEMS did Christmas Caroling and Gift Distribution with the seniors, Last Chance Animal Rescue, Breakfast with Santa and Peppermint Forest.
 - Delta Academy participants assembled personal care packages that were donated to the Catholic Charities Archdiocese of Washington to be distributed through Immigration Legal Services for unaccompanied minors migrating into the US. Given the current situations involving migrants entering the US, we took the opportunity to educate Academy participants on the importance of International Awareness and Involvement.
- **January, 2019** - 'Take Care of Me' session and Financial Awareness Workshop
 - The Academy participants had a session on 'Taking Care of Me', where a pediatrician came in to speak about adolescent health and your changing bodies; as well as a pharmacist who spoke about medication safety (combining, sharing and storing medications) as well as most effective medications for menstrual cramps.
 - The GEMS participated in a Financial Awareness workshop focused on budgeting, saving, investing and the pitfalls of credit cards. A series of interactive activities and games were presented to showcase the importance of financial savviness and the impact it has on your future
- **February 2019** - Cultural and Arts Field Trip & Aviation Career Education Day
 - The GEMS attended the musical The Soul Child – Colours at the Bowie Center for Performing Arts. In addition, there was a special performance by the Ballet Arts Academy, as well as spoken word.
 - The Academy participants went to Washington National Airport for an Aviation Career Education Day with the Federal Aviation Administration. The participants were introduced to the field of aviation, met the air traffic control leadership (all whom were African American women!), and they were able to participate in a flight simulation and go up into the air traffic control tower where they viewed live air traffic.
- **March, 2019** - The FWAC chapter held their 10th annual Youth Summit. Both GEMS and Delta Academy Participated. Topics covered during the summit included healthy relationships, Black Lives Matter, Entrepreneurship and college & career planning.
 - Academy participants completed a 5.5 hour training, earning an American Red Cross Babysitting Certification with CPR.
- **April, 2019** - The GEMS took a trip to the National Museum of African American History and Culture.