

## CMIT SOUTH ELEMENTARY KINDNESS CONTRACT



Kindness is about caring for others around you, wanting the best for them and understanding that they have the same wants, needs, hopes and fears that you have. Kindness is strong, patient, trusting, loyal and grateful.

I \_\_\_\_\_, am signing because:

- I believe that more kindness will make my community a better place.
- I believe everyone can give and receive kindness.
- I will be kind to myself so that I can help others.
- I will try to be kind, even when it is not easy.
- I will look for kindness in others.
- I know I can make things better by being kind myself.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_