

DRIVING TIPS FOR EXTREME COLD WEATHER

Extreme cold weather can present hazards for drivers. Before leaving, prepare yourself and your vehicle for cold weather or winter storms.

STOCK YOUR VEHICLE

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|---|---|
| <input type="checkbox"/> Rechargeable flashlight | <input type="checkbox"/> Pocket knife |
| <input type="checkbox"/> Cellphone and car charger | <input type="checkbox"/> Matches or lighter |
| <input type="checkbox"/> Extra food and water | <input type="checkbox"/> Battery jumper cables |
| <input type="checkbox"/> Flares | <input type="checkbox"/> Ice scraper and snow brush |
| <input type="checkbox"/> Tools (jack, lug wrench, shovel) | <input type="checkbox"/> Paper towels |
| <input type="checkbox"/> Road maps | <input type="checkbox"/> Extra washer fluid |
| <input type="checkbox"/> Blanket/sleeping bag | <input type="checkbox"/> Chains or traction tires |
| <input type="checkbox"/> Extra warm clothes (boots, hat and gloves) | <input type="checkbox"/> Small snow shovel |
| <input type="checkbox"/> First aid kit | <input type="checkbox"/> Kitty litter for tire traction |

TRAFFIC DELAYS

If you are stuck in a traffic jam or your car becomes disabled...

- Stay with the vehicle
- Run your engine and heater for short intervals
- Crack a window in the vehicle to avoid carbon monoxide build-up
- Listen to your radio for updated traffic and emergency information
- Drink fluids to avoid dehydration

MORE INFORMATION

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MARYLAND DEPARTMENT OF HEALTH
Office of Preparedness
and Response